

File: Buchwald, Art

February 7, 1975

Mr. and Mrs. Art Buchwald
4327 Hawthorne Street
Washington, D. C. 20007

Dear Friends,

Mrs. Sabin and I greatly enjoyed meeting you at the White House the other night, and I was particularly delighted to have Mrs. Buchwald as my conversation partner on the right. I don't know whether I might otherwise have tried to edge myself between the beautiful, Candice Bergen and the Secretary of State, but Mrs. Buchwald engaged my interest to a point where I did not even try.

Enclosed herewith is Gerald Ford's 1971 prescription for Living that I promised to send you. On the same Xerox sheet I have reproduced my own somewhat briefer prescription for living.

Best wishes and kindest personal regards.

Sincerely,

Albert B. Sabin, M. D.

ABS/tak

Enclosure

GERALD R. FORD

congressman from
Michigan, is
minority leader of
the House of
Representatives.

NAME _____ DATE _____

ADDRESS _____

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My prescription for living is self-discipline and hard work. If a person imposes beneficial disciplines on himself and develops his capabilities to the full, happiness will take care of itself. I would add to this prescription an interest in others. Another way of expressing this is that the good you send out into the lives of others comes back into your own. These thoughts, in short, sum up my prescription for living.

Gerald R. Ford

SIGNATURE

DR. ALBERT SABIN

medical researcher who
discovered the oral
polio vaccine that bears
his name, is now
president of the
Weizman Institute of
Science in Israel.

NAME _____ DATE _____

ADDRESS _____

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*Live every day as if it were your last,
Live every day as if you would live
forever.*

Albert B. Sabin, M.D.

SIGNATURE